



## MONTHLY OVERVIEW

### GOD VIEW:

**THE CONNECTION BETWEEN SELF-CONTROL AND GOD’S CHARACTER, AS SHOWN THROUGH GOD’S BIG STORY**

We trust God no matter what. Even when we face unexpected circumstances, we can respond to them with self-control. We can trust that we don’t need to rush in or take matters into our own hands. We can trust that God is working.

Self-control is a Fruit of the Spirit. As we follow Jesus throughout our lives, the Holy Spirit transforms us and helps us live more like Jesus. We can follow His example and choose to do what we should do—instead of what we want to do. The Holy Spirit can give us the power and wisdom to show self-control.

### WEEK ONE

**BIBLE STORY**

Jesus Is Tempted in the Desert  
Luke 4:1-13  
(Supporting: Matthew 4:1-11)

**BOTTOM LINE**

Be ready to do the right thing.

### WEEK TWO

**BIBLE STORY**

Broken-Down Walls  
Proverbs 25:28

**BOTTOM LINE**

When you lose control, it can cause trouble.

### WEEK THREE

**BIBLE STORY**

David Spares Saul’s Life  
1 Samuel 24

**BOTTOM LINE**

Don’t be controlled by your anger.

### WEEK FOUR

**BIBLE STORY**

Choose Your Words Carefully  
Proverbs 12:18

**BOTTOM LINE**

Think before you speak.

### WEEK FIVE

**BIBLE STORY**

Too Much of a Good Thing  
Proverbs 25:16

**BOTTOM LINE**

Know when to stop.

**MEMORY VERSE**

**“GOD’S POWER HAS GIVEN US EVERYTHING WE NEED TO LEAD A GODLY LIFE.”**

2 PETER 1:3A, NIRV

**SELF-CONTROL**

Choosing to do what you should even when you don’t want to