

Be Anxious For Nothing

Finding God's Peace In The Midst Of Life's Pressures

— PART TWO —

The Battle For The Mind



Who Do You Think You Are?

TRUE or FALSE?

WHAT I DO determines ***WHO I AM***

Who Do You Think You Are?

TRUE or FALSE?

~~WHAT I DO determines WHO I AM~~

FALSE

Who Do You Think You Are?

TRUE or FALSE?

WHO I AM determines **WHAT I DO**

Who Do You Think You Are?

TRUE or FALSE?

~~WHO I AM determines WHAT I DO~~

FALSE

Who Do You Think You Are?

TRUE or **FALSE?**

WHO I THINK I AM determines **WHAT I DO**
...and **HOW I FEEL**

TRUE!

The Priority Of A Biblical Mindset

Romans 12:2 — Do not be conformed to this world, but be transformed by the renewal of **your mind**, that by testing you may discern what is **the will of God**.

RIGHT MINDSET leads to RIGHT CHOICES

Romans 8:6 — For to set **the mind on the flesh** is **death**, but to set **the mind** on the **Spirit** is **life and peace**.

RIGHT MINDSET leads to WHOLENESS & PEACE

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OUR BASIC HUMAN NEEDS

#1 — ACCEPTANCE
The Need To Be Loved

PEOPLE

#2 — SECURITY
The Need To Be Safe

MONEY

#3 — SIGNIFICANCE
The Need To Make A Difference

JOB

OUR BASIC HUMAN NEEDS

#1 — ACCEPTANCE
The Need To Be Loved

BOTH

PEOPLE

#2 — SECURITY
The Need To Be Safe

WOMEN

MONEY

#3 — SIGNIFICANCE
The Need To Make A Difference

MEN

JOB

OUR BASIC HUMAN NEEDS

#1 — ACCEPTANCE
The Need To Be Loved

PEOPLE

#2 — SECURITY
The Need To Be Safe

MONEY

#3 — SIGNIFICANCE
The Need To Make A Difference

JOB

OUR BASIC HUMAN NEEDS

#1 — ACCEPTANCE

The Need To Be Loved

Why Do People Stay in Abusive Relationships?

“They don't stay for the pain. Their desperate, often palpable hope is that the abuse will go away. And they tend to block out all evidence to the contrary. **In point of fact, they stay for love.** Many abuse survivors cling to the positive traits in their partners—like being affectionate and reliable.”

— *Psychology Today* (March 2013)

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#1 — ACCEPTANCE
The Need To Be Loved

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The Need To Be Safe

MONEY

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The Need To Make A Difference

JOB

The Need To Make A Difference

“[Keith] was tormented with worry that he wouldn't be good enough. He was planning to retire after Japan. He didn't want to let down his fans. He was a perfectionist and the thought he wouldn't play perfectly made him depressed, nervous and anxious.”

— Keith Emerson's Girlfriend

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HOW GOD MEETS OUR BASIC NEEDS

#1 — ACCEPTANCE

The Need To Be Loved

THE LOVE OF GOD

#2 — SECURITY

The Need To Be Safe

THE POWER OF GOD

#3 — SIGNIFICANCE

The Need To Make A Difference

THE PLAN OF GOD

Who Am I?

“I am complete in Christ” (Col 2:9–10)

I reject the lie that I am guilty, shameful, or unloved.

In Christ I am ACCEPTED

I reject the lie that I am alone and unprotected.

In Christ I am SECURE

I reject the lie that I am worthless, inadequate, or helpless.

In Christ I am SIGNIFICANT

SPIRIT

FLESH



***We love
because
He first loved us.***

[1 John 4:19]

UNDERSTANDING THE BATTLE FOR THE MIND

KEY TAKE-AWAY #1 — The enemy's primary strategy in the life of the believer is to try to convince us that what God had done for us in Christ is not true.

KEY TAKE-AWAY #2 — Christ has total authority over the powers of darkness. He has completely defeated the devil and his demons.

KEY TAKE-AWAY #3 — Believers participate in Christ's victory over the enemy. Because of our position in Christ Jesus, we, too, have complete authority over the powers of darkness.

WINNING THE BATTLE FOR THE MIND

Action Items

- **Review** the biblical statements about your identity in Christ
- **Read** the verses that support these statements
- **Memorize** Galatians 2:20 & Romans 8:6
- **Memorize** Ephesians 1:3–14

Who Am I?

“I am complete in Christ” (Col 2:9–10)

I reject the lie that I am guilty, shameful, or unloved.

In Christ I am ACCEPTED:

- ▶ I have been bought with a price (1 Cor 6:20)
- ▶ I am free from condemnation (Rom 8:1, 31–34)
- ▶ I am a saint, not a sinner (1 Cor 1:2; Eph 1:1; Phil 1:1)
- ▶ I am a son of light and not of darkness (1 Thess 5:5)
- ▶ I am the temple of God. His Spirit and his life dwell in me (1 Cor 3:16)
- ▶ I am Christ's friend (John 15:15)
- ▶ I am chosen by God, holy and dearly loved (Col 3:12)
- ▶ I am a member of a chosen race, a royal priesthood, a holy nation, a people for God's own possession (1 Pet 2:9–10).
- ▶ I have been adopted into God's family (Eph 1:5)
- ▶ I am a child of God. God is my Father (John 1:12; Rom 8:14–15)

Who Am I?

“I am complete in Christ” (Col 2:9–10)

I reject the lie that I am alone and unprotected.

In Christ I am SECURE:

- I am united to the Lord and am one spirit with him (1 Cor 6:17)
- I am seated with Christ in the heavenly realms (Eph 2:6)
- I am hidden with Christ in God (Col 3:3)
- I am a citizen of heaven with the rest of God's family (Eph 2:19; Phil 3:20)
- I am a member of Christ's body (1 Cor 12:27; Eph 5:30)
- I cannot be separated from the love of God (Rom 8:35–39)
- I am born of God. The evil one cannot touch me (1 John 5:18)
- I am confident that God will complete what he has begun in me (Phil 1:6)
- I am assured all things work together for good (Rom 8:28)

Who Am I?

“I am complete in Christ” (Col 2:9–10)

I reject the lie that I am worthless, inadequate, or helpless.

In Christ I am SIGNIFICANT:

- I am a new creation (2 Cor 5:17)
- I am the salt of the earth (Matt 5:13)
- I am the light of the world (Matt 5:14)
- I am part of the true vine, a channel of Christ's life (John 15:1–5)
- I am chosen and appointed by Christ to bear his fruit (John 15:16)
- I am a minister of reconciliation for God (2 Cor 5:18–20)
- I am God's fellow worker (1 Cor 3:9)
- I have been given a Great Commission (Matt 28:18–20)
- I am God's workmanship born anew in Christ to do his work (Eph 2:10)
- I have not been given a spirit of fear, but of power, love, and self-control (2 Tim 1:7)